

## **Bullying Prevention Program begins at Nativity of Our Lord**

All schools deal with the issues of bullying. Nativity is taking proactive steps to stop and prevent bullying by adopting the *Olweus Bullying Prevention Program*. This research-based schoolwide “systems-change” program has been used successfully in schools all over the country and around the world with positive results.

This program is not a curriculum that students participate in for only a few weeks. Rather, it is a coordinate effort by all the adults in the school to supervise and intervene when any bullying happens. As part of the program, students participate in scheduled class meetings to learn about the effects of bullying, what they can do about it, and how they can work with adults at school to put a stop to it even as bystanders. Implementing the *Olweus Bullying Prevention Program* is a long-term commitment to making Nativity a safer, more positive place to be.

Below are the Olweus Bullying Prevention Program Rules. These rules are posted in each classroom and throughout the school. Please take the time to discuss bullying and these rules with your child.

### **MY SCHOOL RULES ABOUT BULLYING**

- 1. I will not bully others.**
- 2. I will try to help students who are bullied.**
- 3. I will try to include students who are left out.**
- 4. If I know that somebody is being bullied, I will tell an adult at school and an adult at home.**